



SERENITY

73a, Westgate Road, Newcastle upon Tyne. NE1 1SG
0191 261 2711

Opening Hours

Monday 9am – 2.30pm

Tuesday, Wednesday & Friday 9am – 5pm

Thursday 9am – 6pm

Saturday 9am – 4pm

Closed Sunday's and Public Holidays

www.serenitynewcastle.co.uk

Serenity is situated in the heart of Newcastle's city centre. It provides a haven of calm amidst bustling city life. Caring for all your pampering needs from relaxation and holistic treatments, fabulous Environ treatments, and taking care of your nails.

Located on Westgate Road within 2 minutes from Newcastle Central Station and directly on the main bus route into Newcastle.

The ideal place to de-stress, unwind and relax. Let us, welcome you to our hidden gem in the city.

A new day, a new beginning, a new you.



ENVIRON

Environ is a globally recognised and loved Professional Skin Care brand that is built on science, beauty and care. Environ believe that skin has a life and that vitamin A is the "oxygen" it needs to look healthy and beautiful for life.

Active Vitamin Treatment (3 areas) 1 hour£55

Advanced Active Vitamin Treatment (10 areas) 1 ½ hour £65

Packed with nourishing, anti-ageing ingredients, the Active Vitamin Treatment will leave your skin looking radiant and dewey.

Collagen Power Facial 1 hour£55

Collagen Power Facial 1 ½ hour £65

This peptide packed facial helps to boost collagen, fine lines and tighten lax skin, resulting in a more youthful appearance.

Hydraboost Treatment 1 hour£55

The perfect antidote to dry, lacklustre skin, this intensive treatment deeply hydrates while plumping and firming the skin.

Precision Treatment 30 minutes..... £45

This time effective treatment targets specific areas of concern using unique skin techniques that ensure effective results.

Environ hands on facial..... £40

This facial does not use the machine, but the products get deep into the layers of the skin.

CACI NONSURGICAL FACE LIFTING AND TONING

CACI is a non-surgical face lift. Maximising the latest advanced micro-current technology. A painless and comfortable treatment which gently tightens and tones muscles whilst smoothing the appearance of fine lines and wrinkles.

Trial session.....	£20	CACI Hydratone Mask.....	£15
		<i>Can be incorporated into a CACI facial or on its own. Contains collagen and amino acid to hydrate and replenish the skin</i>	
Facial	£40	Eyes.....	£25
Course of 10	£350	Course of 10	£175

MOOR SPA

A skincare range using natural products, the secret ingredient in all the Moor Natural Selection range is the moor water. It is from the rich natural resource that Moor Spa produces this comprehensive range of professional spa products.

Moor Spa Express Facial.....	£20	Moor Spa Prescription Facial.....	£35
Body Bright Treatment.....	£35		
<i>Full body cleanse and exfoliation followed by a replenishing body lotion or quenching oil.</i>			

MASSAGES

Swedish

This massage involves working the soft tissue of the body, to ease day-to-day stresses and muscular tension, and promote relaxation. The massage also helps to increase the blood and oxygen flow in your body.

Full Body **£35**

Back/Neck/Shoulders **£25**

Holistic Aroma Stones Therapy.

This massage uses heated stones and the heat can help warm up tight muscles and be deeply relaxing and the therapist uses the stones as an extension of their hands.

Full Body **£45**

Back/Neck/Shoulders **£30**

Neck & Shoulders **£15**

Indian Head Massage £25

This massage is helps relax you and give you a feeling of wellbeing and it provides relief from aches and pains.

Aromatherapy

Essential oils are used in this massage and gives you a real sense of feeling of well-being and relaxation.

Full Body **£40**

Back/Neck/Shoulders **£28**

TANNING

St Tropez Tanning

St Tropez Full Body Spray Tan (including exfoliation) **£30**

St Tropez Full Body Spray Tan (without exfoliation) **£19**

NAIL TREATMENTS

CND Shellac

CND Shellac is an award winning gel nail product and guarantees brilliant results and zero dry time.

Shellac Express Manicure	£18	Shellac Luxury Manicure	£25
Shellac Express Pedicure	£22	Shellac Luxury Pedicure	£30

Want a French Manicure or Pedicure just add £2 to your treatment.

Shellac Manicure and Pedicure	£50	Shellac Removal including a nail tidy ...	£15
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Hand Treatments

Express Manicure (File & Polish).....	£10
Manicure (including exfoliation).....	£18
French Manicure	£22
Deluxe Manicure (including masque & thermal mittens)	£30

Foot Treatments

A luxury foot and leg treatment using aromatherapy based products for softer and smoother feet with heated booties for deeper penetration of oils and creams included in the deluxe pedicure.

Pedicure	£25	Deluxe Pedicure.....	£30
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(including masque & thermal booties)

EYE TREATMENTS

All tinting treatments require a patch test 24 hours before appointment.

Eye Lash Tint.....	£10
Eye Brow Tint.....	£9
Eye Lash & Brow Tint.....	£15
Eye Brow Shaping.....	£9
Eye Brow Tint & Shaping	£13
Eye Lash, Eye Brow Tint & shape	£20
HD Brows.....	£30

This treatment will define your brows using tinting, waxing, trimming, threading & shaping

WAXING

Eye Brows.....	£9	Lip or Chin	£6
Underarms.....	£10	Lip & Chin	£10
Half Leg.....	£12	Brazilian	£24
Half Leg & Bikini.....	£20	Hollywood	£28
Full Leg.....	£21	Chest	£22
Full Leg & Bikini.....	£28	Back/Shoulders	£22
Bikini.....	£10	Lower Back.....	£10
Half Leg, Bikini, Underarm	£25	Buttock's.....	£15

Hair Removal – Epil Profrom £15

Using sound waves and static energy to destroy hair at its roots, thereby ensuring a safe, painless, fast and permanent result. It's is a welcome relief for thousands of men and women who suffer from unwanted hair. Price starts from just £15

PACKAGES

Night on the town..... £40

Why not treat yourself to our 'Night on the Town' package, which includes a St Tropez Spray Tan and a Luxury Shellac Manicure.

Holiday Prep Package£55

Get ready for your holiday in style with this package, which includes; Eye Lash Tint, Half Leg, Bikini & Underarm and finally a Luxury Shellac Manicure.

Bride to be £130

Prepare for your special day with ultimate package to get yourself prepared for the big day. This package is spread over 2 days to ensure that you look and feel amazing. During day 1 (which will last approximately 3 hours) you will have a Facial, Eyelash tint, Eyebrow and shape, Underarm, Half Leg & Bikini Wax. On day 2 (which will last approximately 3 hours) you will have a St Tropez full body tan, CND Shellac French Manicure & Pedicure.



CND  Shellac™

O.P.I



MOOR SPA®